

**BROCKTON COUNCIL ON AGING  
BOARD OF DIRECTORS MEETING  
MONDAY MARCH 2, 2015**

The monthly meeting of the Brockton Council on Aging,  
(Board of Directors) Was held on Monday March 2, 2015

*Minutes recorded by Richard Drobiak, Recorder for Board of Directors*

The meeting was called to order by Chairwoman Lorraine Lalli at 10:05 AM

**ROLL CALL:** Sue Alves, Al Amoroso, Betty Goldsmith and Carole Harris excused. All other board members present.

**MINUTES OF LAST MEETING:** Minutes of 1/5/15 meeting reviewed by board members. A motion was made and approved to accept the minutes.

**TREASURER'S REPORT:** The Howard Fund report balance is \$64,379.04. A motion was made and approved to accept the Howard Report as submitted.

**CORRESPONDENCE:** None

**REPORT OF THE DIRECTOR:** A copy of Director Janice Fitzgerald's report is attached. The lunch on Thursday is well accepted.

Janice will be presenting the annual budget to the City Council and will be asking that the COA board attend the meeting.

A motion was made to allow spouses and significant others under age of 60 to participate in COA functions with their member partners. The motion was passed.

The Stonehill College football team shoveled snow for seniors every Wednesday. Janice working on getting some recognition for the effort.

Janice distributed the letter sent to the mayor which includes the annual goals for the COA.

**REPORT OF THE ACTIVITIES COORDINATOR:** A copy of Activities Director Michelle Brace's report is attached.

**REPORT OF THE OUTREACH COORDINATOR:**

Dottie Spoke on the STOP program and what is in store. She is putting together a calendar of monthly meetings.

The Parkinson group is looking to set up a support group

A presentation on diabetes in progress. The plan is to meet monthly.

May 6<sup>th</sup> is National Professional Nurses Day to recognize the efforts of the nursing profession.

The homeless people population is growing. Dottie is attempting to locate housing for homeless seniors.

**NEW BUSINESS:** None

**UNFINISHED BUSINESS:** None

**OTHER BUSINESS:** Annual election of officers coming up in June.

Next meeting 4/6/2015

Meeting adjourned 10:55.

## DIRECTOR'S REPORT-March 2, 2015

**Good Morning!**

**Well, I am happy to announce we have only 19 more days until spring! It seems like it has been a long time since we met last.**

**I would like to go over a few things with you.**

- **We have received our Formula Grant funds and I should be invited to City Council soon to have the funds accepted. I will let you know in case anyone is interested in attending. At that meeting I will be announcing to the City Council our plans on the addition.**
- **The additional congregate lunch on Thursdays is getting a great turn out.**
- **I am giving you all a list of senior exemptions that the city offers to folks who qualify. This is one of those well kept secrets. Anyone interested in applying can schedule an appointment with Dottie, Lynn or I to fill out the application and send it to the Assessor's Office. With most seniors living on a tight budget I am asking that you help us get word out.**
- **I think I have asked this before but I forget the answer if I did. On occasion we may have a person sign up for a trip or event and they would like to bring a spouse who is under 60 years old. I believe we decided it would be ok but I just wanted to double check.**
- **This year I contacted the Stonehill College Football team to see if they could help with snow removal for elders and disabled. I am so proud of them and happy to report we were able to assist over 100 individuals. These were folks that truly had no other options for snow removal. Some were medical emergencies that we needed to get them cleaned out.**
- **Lastly, I said at the January meeting I would have for you my goals for 2015. What I am giving you is the Year End Report that the Mayor requested from all department heads recently. In the report you will find my goals which I will go over with you and answer any questions you may have.**

**In closing, remember to turn your clocks ahead 1 hour this month and don't wait to sign up for the St. Patrick's Day Party.**

**Respectfully submitted,**

**Janice Fitzgerald  
Director**

## March's Upcoming Activities and Events

Tuesday, March 3<sup>rd</sup> Free Hearing Screenings with Beltone 10:00-11:00AM  
Wednesday, March 4<sup>th</sup> Taxes by Appointment Only 9:00AM-3:30PM  
Wednesday, March 4<sup>th</sup> Holistic Ways to Reduce Stress 1:00 PM  
Thursday, March 5<sup>th</sup> Day of Beauty and Lunch at S.E. Regional High School 8:30AM  
Thursday, March 5<sup>th</sup> Writer's Workshop: Writing Your Life Story 1:00-2:30PM  
Monday, March 9<sup>th</sup> S.A.L.T./Triad Meeting 9:30AM  
Followed by Lifeline Presentation at 10:00AM  
Monday, March 9<sup>th</sup> COA Book Club at 10:00AM  
Monday, March 9<sup>th</sup> Cupcake Wars with West Acres 1:00PM  
Monday, March 9<sup>th</sup> **Start Taking Off the Pounds** 1:00PM  
Wednesday, March 11<sup>th</sup> AARP Meeting at 1:00PM  
Monday, March 16<sup>th</sup> Irish Poems and Craft with Brockton Health Center 1:00PM  
Tuesday, March 17<sup>th</sup> St. Patrick's Day Party 12:00-2:00PM  
Wednesday, March 18<sup>th</sup> Taxes by Appointment Only 9:00AM-3:30PM  
Wednesday, March 18<sup>th</sup> "Ask Dottie" The Many Faces of Dementia 10:30AM  
Wednesday, March 18<sup>th</sup> MADD Hatters Luncheon School Days 12:30PM  
Thursday, March 19<sup>th</sup> St. Patrick's Day Special Congregate Meal 12:00PM  
Monday, March 23<sup>rd</sup> The Basics presented by The Alzheimer's Association 1:00PM  
Monday, March 23<sup>rd</sup> **Start Taking Off the Pounds** 1:00PM  
Wednesday, March 25<sup>th</sup> Left, Right, Center (A Fun Dice Game) at 10:30AM  
Wednesday, March 25<sup>th</sup> Save Your Vision at 1:00PM  
Wednesday, March 25<sup>th</sup> AARP Board Meeting 1:00PM  
Monday, March 30<sup>th</sup> Free Legal Consults with Michelle Beneski 9:00AM  
Monday, March 30<sup>th</sup> **The Men's Group Tour of the Brockton Historical Society and Fire Museum Located on North Pearl Street at 10:00AM. Transportation is available. Followed by Lunch at the COA from Panera Bread.**  
Monday, March 30<sup>th</sup> Spring Fling with Entertainment by The Betty Bee Café 1:00PM  
Tuesday, March 31<sup>st</sup> Heart Health Trivia with Advance Care 1:00PM

## Trips

March 5<sup>th</sup> Surprise Bag Bingo  
March 12<sup>th</sup> Boston Flower Show & Venezia Luncheon  
March 14<sup>th</sup> Stars on Ice & Gregg's Restaurant  
March 18<sup>th</sup> St. Patrick's Day Celebration at The Aquaturf  
April 16<sup>th</sup> Top of the Hub & Omni Theatre at the Museum of Science  
May 12<sup>th</sup> "In the Mood" Musical Revue, Colonial Theatre

## Upcoming Events

Gardening at Home 4/1/15  
Parkinson's Disease 4/6/15  
Recycling in Brockton 4/15/15  
Lunch and Learn 4/16/15