

**BROCKTON COUNCIL ON AGING
BOARD OF DIRECTORS MEETING
MONDAY JANUARY 5, 2015**

The monthly meeting of the Brockton Council on Aging,
(Board of Directors) Was held on Monday January 5, 2015

Minutes recorded by Richard Drobiak, Recorder for Board of Directors

The meeting was called to order by Chairwoman Lorraine Lalli at 10:03 AM

ROLL CALL: Sue Alves, Dan Clague, Irene Clague, and Betty Goldsmith excused. All other board members present.

MINUTES OF LAST MEETING: Minutes of 12/1/14 meeting reviewed by board members. A motion was made and approved to accept the minutes.

TREASURER'S REPORT: The Howard Fund report balance is \$65,933.53. A motion was made and approved to accept the Howard Report as submitted.

CORRESPONDENCE: None

REPORT OF THE DIRECTOR: A copy of Director Janice Fitzgerald's report is attached.

A new Board of Directors meeting agenda has been added to the web site.

Goals for the senior center are in the process of being prepared and will be presented at the next meeting

REPORT OF THE ACTIVITIES COORDINATOR: A copy of Activities Director Michelle Brace's report is attached.

REPORT OF THE OUTREACH COORDINATOR: Open enrolment period has ended. The coordinators conducted 250 interviews. The demands for assistance in applying for fuel assistance is lessening.

A program to lose weight is in the process of being developed. The program will meet twice a week starting the first week of February.

Property tax day is coming. This is a program to reduce property taxes and refuse collection charges. The program is available to all Brockton residents. Seniors are encouraged to apply.

NEW BUSINESS: None

UNFINISHED BUSINESS: None

OTHER BUSINESS: None

Next meeting is scheduled for 2/2/2015

Meeting adjourned 10:25.

DIRECTOR'S REPORT- January 5, 2015

Happy New Year!

*Tomorrow is the future
Yesterday was the past
Today is a gift
That's why they call it the present!*

What a great 2014 we had and I am so excited to see what 2015 will bring us. Today I will share some of the things we are working on and I will have some more of my goals for the COA and our seniors at the next BOD meeting.

We have added Thursday as another day for our Congregate Lunch.

I am working with Michelle to come up with some new and interesting activities.

We will be creating a variety of different activities for the Men's Group starting within the next month or two.

We are already planning for our COA Cookout and our other BIG events.

Dottie and Lynn are working on some new programs and support groups for 2015.

I am hopeful we will be starting the "Capital Campaign" for the addition soon.

I will be attending the Mayors "State of the City Address" on the 15th. I am not sure if it is open to the public but I am confident it will be on cable.

I have created a new format for the Agenda which is posted each month at City Hall and on our website. As you may notice I have added a section called "Hearing of Visitors". I noticed other departments have that section and I thought it was a good idea for us to follow. That allows anyone with a question, comment, complaint etc. the opportunity to come before this Board to voice it. At that time the Board will not engage in dialogue but will review the comment and respond when appropriate.

In closing, once again I wish you all a Happy and Healthy New Year.

Respectfully submitted,

**Janice Fitzgerald
Director**

January's Activities and Events

Tuesday, January 6th Free Hearing Screenings with Beltone 10:00AM
Thursday, January 8th Thursday Congregate Meal begins with a Winter Special
Monday, January 12th S.A.L.T./Triad Breakfast at 9:00AM RSVP by 1/5/15
Monday, January 12th Senior Fire, Fall and Electrical Safety Program 9:45AM
Monday, January 12th COA Book Club at 10:00AM
Monday, January 12th "Make a Snowman" with West Acres 1:00PM
Wednesday, January 14th DiaBingo with Dottie Slack at 1:00PM
Thursday, January 15th Diabetes Self-Management Workshop at 1:00-3:30PM
This workshop runs for 6 consecutive weeks and ends on Thursday, February 19th
Monday, January 19th Center is Closed for Martin Luther King Jr. Day
Tuesday, January 20th HopeHealth Support group at 2:30PM
Wednesday, January 21st "Ask Dottie" Shingles 9:30AM
Wednesday, January 21st MADD Hatters Luncheon at 12:30 RSVP by 1/14/15
Wednesday, January 21st A Crash Course on Sensible Weight Loss at 1:30PM
Monday, January 26th Michelle Beneski Elder Law Consults (By Appointment)
Monday, January 26th Men's Group 9:30AM
Monday, January 26th Holistic Ways to Reduce Stress at 1:00PM
Tuesday, January 27th TV Comedy Trivia with Advance Care at 1:00PM
Wednesday, January 28th Left, Right, Center with Erica Troup at 10:30AM
Wednesday, January 28th How to Prevent Financial Abuse, Webster Bank 1:00PM

Trips

January 6th Twin Rivers Casino
January 29th Surprise Bag Millionaire Bingo at West Valley Inn
February 25th The Newport Playhouse, "Lie, Cheat and Genuflect"
March 12th The Boston Flower Show and Lunch at The Venezia
March 18th A St. Patrick's Day Celebration at The Auqaturf
May 12th "In the Mood" at The Colonial Theater

Upcoming Events

Heart Disease Awareness 2/4/15
National Wear Red Day 2/5/15
S.A.L.T./Triad Safety Assurance Program 2/9/15
Valentine's Day Party 2/11/15 \$37
Women's Heart Health 2/18/15